

VERNON POLICE DEPARTMENT

Training Outline (2018)

COURSE TITLE: WRAP Restraint

DATE(S):

LENGTH: 2 hours

LOCATION: Vernon Police Department – Briefing Room

INSTRUCTOR(S): Sergeant Ignacio Estrada, Sergeant Gustavo Herrera, Corporal Anthony Encinas

PURPOSE: The Safe WRAP provides a safe and quick method of controlling and immobilizing a violent or potentially violent/combatative subject who has been taken into custody and handcuffed. This Training Bulletin will familiarize Department personnel with the capabilities of the Safe WRAP and procedural guidelines for its use.

OBJECTIVES: Officer(s) will discuss and demonstrate the proper application of the WRAP restraint device.

I. DESCRIPTION

The Safe WRAP, manufactured by Safe Restraints, Inc., was designed as a temporary restraining device which, if properly used, can increase the safety of officers as well as that of the suspect and reduce risk of liability due to injuries and in-custody deaths. The Safe WRAP immobilizes the lower torso of the body and restricts a subject's ability to kick or do harm to oneself and others. The Safe WRAP minimizes the time required to ensure a person is safely returned to an upright position, and prepare for transport.

II. FIELD USE

The Safe WRAP can be used prior to or after a violent or potentially violent/combatative subject is controlled using approved departmental procedures. It should only be used on the subject's lower torso. Like other restraining devices, the Safe WRAP is not 100% escape-proof. Once applied, **THE SUBJECT SHOULD NEVER BE LEFT UNATTENDED.**

The Safe WRAP may be used in the following situations:

- A. To immobilize a violent/combatative subject.
- B. To limit violent/combatative subjects from causing injury to themselves or others.
- C. To prevent violent/combatative subjects from causing property damage by kicking.
- D. To restrain subjects after a chemical spray or stunning device is used.
- E. When conventional methods of restraint are not effective.
- F. In transportation of violent/combatative subjects.
- G. To assist with cell extraction of violent/combatative subjects.
- H. Whenever a violent/combatative behavior is anticipated.

A subject, once properly restrained in the Safe WRAP, can be placed on his/her side or in a sitting position to increase the oxygen recovery rate, thus reducing the incidence of positional asphyxia often

caused by a subject being restrained in the prone position. If the restrained subject is placed in a sitting position, back support should be provided. **Failure to supply back support may adversely affect the recovery time of the subject.**

III. APPLICATION

Although the Safe WRAP can be applied by one person on a passive subject, to apply on violent/combatative subjects, three or more persons will most likely be needed. “Only” qualified personnel who have received training in the use of the Safe WRAP should use this restraining device.

- A. Prior to using the Safe WRAP, the subject must be initially controlled using departmental procedures. While controlling the subject face down and handcuffed behind the back, the ankle strap can be placed around the ankles to help secure the legs. The Safe WRAP should then be placed on the ground adjacent to the subject’s legs.
- B. Either roll/lift or adjust the subject to allow the Safe WRAP to be slipped under the subject’s legs.
- C. Attach and secure the leg bands first, starting with the lower band and then work your way up. Tighten straps sufficiently to stop movement of the legs.
- D. Once the leg bands have been secured, attach the shoulder harness. Ensure that the straps are snug, however, not so tight as to interfere with the subject’s ability to breathe. The “D” ring should be to the rear of the subject and centered on the back.
- E. If the subject is handcuffed, attach the handcuffs to the “D” ring at the rear of the harness by inserting the chain between the cuffs into the “D” ring and securing the “D” ring locking mechanism. If hinge cuffs do not fit in the “D” ring, attach cuffs to the “D” ring with a flex cuff or similar device to get the same result.
- F. Once securely restrained in the Safe WRAP, the subject should be moved into an upright seated position. The tether on the harness of the Safe WRAP is then connected to the “D” ring at the base of the “WRAP”. Pull the tether towards the subject bringing the individual to an upright-seated position. Secure the “D” ring locking mechanism. The subject is then ready for transport.
- G. Movement of the subject can be accomplished in two ways depending on the cooperation of the subject. The subject can either be carried or allowed to shuffle to the mode of transportation.
 1. To carry the subject, it is recommended that at least two, but preferably three or more, personnel be used depending on the size and weight of the subject. Lift the subject by the arms and the ankles. A “log lift” carrying technique may be used when moving the subject. **Proper lifting techniques should be followed to prevent unnecessary injury.**
 2. As an option to lifting, the subject may be moved by means of a shuffle. If the subject has become compliant, the lower WRAP leg strap can be loosened to allow some leg movement below the knees without compromising security or safety concerns. By loosening the tether on the shoulder harness, the subject can be brought to a standing position with the help of officers and then allowed to shuffle to or from a vehicle or holding cell. **If this method is used, appropriate support must be given to the subject to prevent unnecessary injury to the subject.**

- H. Prior to vehicle transportation, re-check all belts to ensure that they are securely fastened. **The use of a seat belt may be helpful in limiting movement, reducing the risk of injury to the subject.** Whenever possible, one person should ride as an observer with the subject to ensure all straps remain tight and the subject has no medical problems.

VI. PRECAUTIONS

- A. The shoulder harness should never be tightened such that it interferes with the subject's ability to breathe.
- B. The leg bands and shoulder harness must be checked frequently for tightness and re-tightened or loosened as necessary until the Safe WRAP has been removed by jail or medical personnel. Personnel should make sure there are no blood flow restrictions at the wrist.
- C. If the restrained subject complains of or show signs of breathing distress (shortness of breath, sudden calmness, a change in facial color, etc.), medical attention should be provided immediately.
- D. THE SUBJECT SHOULD NEVER BE LEFT UNATTENDED.
- E. Subjects should be placed in an upright sitting position or on the side as soon as possible to allow for recovery.
- F. The WRAP is a TEMPORARY RESTRAINING DEVICE and is not 100% ESCAPE-PROOF.
- G. The Wrap is to be used by "TRAINED PERSONNEL" ONLY.

VII. TRAINING

Only qualified personnel who have received training in the use of the Safe Wrap should use this restraining device. The Department's training staff provides this training.

VIII. CARE AND MAINTENANCE

The Safe WRAP should be inspected by the officer after each use for signs of wear and/or fatigue. All belts should be free from tears, fraying, worn or damaged fasteners, or damaged stitching. If cleaning is necessary after use, use a mild soapy solution or other approved disinfectant (Cavicide, Envirocide). Thoroughly rinse all disinfectant from the unit prior to drying. The WRAP should be allowed to thoroughly air dry in an area not exposed to direct sunlight. Do not dry clean or attempt to dry the WRAP with a heated device (i.e. clothes dryer). Store in a dry place and avoid prolonged exposure to direct sunlight.

IX. STORAGE AND PREPARATION FOR RE-USE

It is extremely important that the WRAP is immediately ready for use and prepared for storage in a way that prevents the loop fastening material on the straps from becoming dirty or entangled. Once properly folded, the WRAP can be quickly laid out next to the subject and applied without having to untangle the straps. Remember, the WRAP should be completely dry prior to storage.

- A. Lay the WRAP on a flat surface with the leg band side up and detach the shoulder harness. Lay each of the leg bands out flat.
- B. Individually fold each of the leg straps back onto itself such that the fold of the strap protrudes an inch or two from the edge of the WRAP body.
- C. Be sure the retaining “D” ring on the body of the WRAP and harness is open and ready for use.
- D. Keeping the straps inside, roll the WRAP tightly towards the buckle and secure with the ankle strap and place in carrying bag.
- E. Fully extend the harness buckles and tether. Attach buckles to its’ counterpart and roll the harness up and place it in the carrying bag compartment.

REMEMBER, like all tools of the trade, it is important to keep the Safe WRAP in good condition and available for use when needed.

Vernon Police Department

WRAP Application Test

Name: _____

Date: _____

Instructor: _____

Pass: _____ Failed: _____

Pre-WRAP Application:

1. Displayed properly packaged WRAP Y____ N____
2. Proper prone control of subject Y____ N____
3. Proper positioning of personnel Y____ N____
4. Controlled subject without weight on the subject's back. Y____ N____

Function 1: Stop The Fight

5. Controlled subject's legs Y____ N____
6. Applied Hobble correctly Y____ N____
7. Applied leg restraint properly Y____ N____

Function 2: Recovery

8. De-escalated and evaluated personnel's health status as well as subject's health/breathing Y____ N____
9. Secured harness properly and move subject to a seated position (Buckles, tether and handcuffs/carbineer) Y____ N____
10. Proper transfer and application of soft-cuff (If applicable) Y____ N____
11. Properly secured tether of harness to leg restraint carabineer Y____ N____
12. Secured tether firmly w/o overtightening Y____ N____

Function 3: Transportation

13. Properly lifted/carried subject Y____ N____
14. Properly demonstrate use of Harness as a waist restraint. Y____ N____
15. Properly demonstrated 'Walking the Subject in The WRAP'. Y____ N____

Post Application Work:

16. Properly removed and re-packaged WRAP Y____ N____

Remediation Training (if applicable):
